

Norma Gonzalez
Benefits Specialist



Comparison of Medical Plan Changes - 2024 Plan Year

Comparison of Medical Plan Changes – 2024 Plan Year													
2023 Plan Year (Oct 1, 2022 – Sept 30, 2023)						2024 Plan Year (Oct 1, 2023 – Sept 30, 2024)							
Doctor Availability	UMC of El Paso		exas Fech	In Network	Out of Network		Doctor Availability		UMC of El Paso	Texas Te	ch In Network		Out of Network
Office Visit (Co-pays)	\$15.00	\$:	30.00	\$40.00	Deductible (50%)		Office Visit (Co-pays)		\$15.00	\$30.00	\$40.00		(50%) After Deductible
Individual Deductible \$300				\$1,500	\$5,000		Individual Deductible	-	\$30	00	\$1,500	-	\$5,000
Maximum Family						Maximum Family							
Deductible Limit	\$900 \$4,500			\$15,000		Deductible Limit					\$15,000		
Maximum Out o								Maximum Out of Pocket					
Will include co-pays, co-insurance and			\$9,	,100	Unlimited		Will include co-pays, o				\$9,450		Unlimited
deductible for Medical and Pharmacy PPO only.						deductible for Medical and	i Pnarma	acy PPO only.			-		
Out of Pocket - FY	Maximum Family Out of Pocket - FY \$18,200				Unlimited		Maximum Family Out of Pocket - FY \$18,900 Unl				Unlimited		
Out of Focket - F1	- 11	rap Netwo			Cinimited		Out of Pocket - FY \$18,900 Unimite Wrap Network				Onlimited		
Out of area benefits will be o				PO benefits will	be applied if the		Out of area benefits will be	covered				e applied	ifthe
provider/facility is participati													
and non-emergency services	will be paid as out	t of network	k. Membe	rs living outside	the area must provide		provider facility is participating with our out of area network within Multiplan/PHCS network. Elective and no emergency services will be paid as out of network. Members living outside the area must provide proof of						
proof of residency.							residency.					-	
Flexible Spending Account	s Medical: \$	2850	Depender	nt Care: \$5000	Rollover: \$570		Flexible Spending Accoun	ats	Medical: \$305	50 D	ependent Care: \$500	0	Rollover: \$610
Hospital Availability	UMC	of	In I	Network	Out of		Hospital Availability	,	UMC of		In Network		Out of
	El Paso/E	PCH	0	PPO)	Network				El Paso/EPC	H:	(PPO)		Network
In-Patient	100% At	fter	70	% After	50% After		In-Patient	$\overline{}$	100% After	· i	70% After	T	50% After
Admission	\$250 co-	pay	\$1,0	00 co-pay	\$2,500 co-pay		Admission	- 1	\$250 co-pay	.	\$1,000 co-pay	- 1	\$2,500 co-pay
	once deduc			deductible	once deductible				once deductib	le	once deductible		once deductible
	is met		is met		is met				is met				is met
	100% At			% After	50% After			- 1	100% After		70% After	- 1	50% After
Out-Patient Surgery	\$100 co-			0 co-pay	\$1000 co-pay		Out-Patient Surgery	- 1	\$100 co-pay		\$300 co-pay	- 1	\$1000 co-pay
	once deduc			deductible is met	once deductible is met				once deductib	ie	once deductible is met		once deductible is met
Out-Patient Services	100% After		70% After		50% After		Out-Patient Services		100% After		70% After	-	50% After
(Lab, X-rays, etc)	deductible is met				deductible is met		(Lab, X-rays, etc)				deductible is met		deductible is met
	UMC: N	UA.	\$40.00 O	ffice Visit and	50% After		Urgent Care Visits	E	PCH \$50 Office	Visit \$	50.00 Office Visit an	d	50% After
Urgent Care Visits	EPCH N			70% After	deductible is met		UMC - Not Available		and covered at 1		then 70% After		deductible is met
_				tible is met				at	after \$300 Deduc		deductible is met		
Emergency Room Visits	\$200.00 C			.00 Copay	\$200.00 Copay		Emergency Room Visits		\$200.00 Copa		\$200.00 Copay		\$200.00 Copay
	No Balance			ance Billing	No Balance Billing				No Balance Bill	_	No Balance Billing		No Balance Billing
Prescription Plan (Plan Year 2023)				<u> </u>	Prescription Plan (Plan Year 2024)								
In-House Re								Retail					
Deductible: \$50.00			Deductible: \$100.00				Deductible: \$50.00				Deductible: \$100.00		
\$5.00 Generic			\$30.00 Generic				\$10.00 Generic				\$40.00 Generic		
\$25.00 Brand Name			\$60.00 Brand Name				\$30.00 Brand Name \$60.00 Non Formulary				\$65.00 Brand Name		
\$50.00 Non Formulary Maintenance 90 Day Supply		\$80.00 Non Formulary 30 Day Supply					Formulary 90 Day Supply		\$90.00 Non Formulary 30 Day Supply				
Prescriptions	30 Day St	ippry		30 Day	Juppry		Prescriptions		eo Day Supp	4.5	30	Day Sup	Pry
Prescriptions over \$500	Co-Payment	Co-Payments Apply 50		96		Prescriptions over \$500		Co-Payments Apply			50%		
Authorization Required			2070			Authorization Required			11-7				
Specialty Drugs Will process at \$150.00 co-pay and will be dispensed at a 30-day supply.					Specialty Drugs Will process at \$150.00 co-pay and will be dispensed at a 30-day supply.					supply.			
Benefit Premiums (Biweekly) – Plan Year 2023						Benefit Premiums (Biweekly) – Plan Year 2024					r 2024		
	Associate Only	Associa Spor	te and	Associate and Children				1 4		Associate and Spouse			Associate and Family
Medical Plan - Full-time	\$34.27	\$114		\$83.65	\$123.41		Medical Plan - Full-time	-	\$35.98	\$119.95	87.83		129.58
Medical Plan – Part-time	\$56.03	\$181	L 73	\$135.15	\$198.08		Medical Plan - Part-time	+	\$58.83	\$190.82	\$141.91		\$207.98
		<u> </u>											



Summary of Benefits

- Medical, Dental & Vision
- Life Insurance Hospital Paid and Optional Supplemental
- FSA Flexible Spending Accounts
- LTD Long Term Disability
- TCDRS Retirement Program
- VOYA Voluntary Retirement Plans

- **EAP Employee Assistance Program**
- UMC Deal Spot
- CARES Programs

Pull-OPP - 1 Year Home Loans - 1 Year Student Loan - 3 Months

Associate Gym

Open 4am to Midnight
Badge Access
Must attend rehab orientation



Benefits Plan Basics

Medical, Dental, Vision, Basic & Supplemental Life Insurance, AD&D, and Long Term Disability

Coverage Options for FT & PT Associates

Effective 1st of the month after 30 days of service

- Associate Only
- Associate & Spouse Opposite or Same sex, Proof of Marriage Required
- Associate & Child(ren) Up to age 26, coverage ends at end of birth month
- Associate & Family Spouse and Children

Qualifying Life Events (QE)

Marriage, Birth of a Child, New Employment Status, Divorce, Death, etc.

Annual Benefits Open Enrollment

In September to be effective on October 1st of every year.

Termination of Benefits

Coverage ends the day of termination at 12:00 midnight



Schedule of Benefits

Physician Visits

UMC and Texas Tech

- Co-Pays: UMC \$15.00 and Texas Tech \$30.00
- Deductible \$300.00 Individual / \$900.00 Family (EE must meet deductible)

PPO/Wrap Network

- Co-Pays: PPO \$40.00
- Deductible \$1500.00 Individual / \$4,500.00 Family (EE must meet deductible)
 Out of Network
- Co-Pays: 50% after deductible is met
- Deductible \$5000.00 Individual / \$15,000.00 Family (EE must meet deductible)

Max Out of Pocket

Individual \$9,450.00 / Family Max \$18,900.00



Schedule of Benefits Hospital Visit

IN Patient Admission

UMC and Children's Hospital

- Co-Pay: \$250.00 and 100% Coverage after deductible
 PPO/Wrap Network
 - Co Pay: \$1,000.00 and 70% Coverage after deductible

OUT Patient Services

UMC, Texas Tech, Children's Hospital

- Co-Pays: \$100.00 and 100% Coverage after deductible
 PPO Wrap Network
 - Co Pay: \$300.00 covered at 70% after deductible



Schedule of Benefits

Out Patient Services

(Labs, Radiology, etc.)

UMC, Texas Tech and Children's Hospital

100% Coverage after deductible (\$300/\$900) is met
 PPO/Wrap Network

70% Coverage after deductible



Outpatient Clinics



UMC-EAST 1521 Joe Battle

UMC-WEST 6600 N. Desert Blvd

UMC-DIETER 1485 George Dieter

UMC-YSLETA 300 S. Zaragosa

UMC-FABENS 101 Potassio

Call 915-790-5700 for Appointments

Over 50 Different Providers



Navitus- Pharmacy Vendor



UMC Pharmacies

- \$50.00 Deductible Per Year
- Co-Pay \$10.00 Generic, \$30.00 Brand Name, \$60.00 Non-Formulary

Other Pharmacies

- \$100.00 Deductible per Year
- Co-Pay \$40.00 Generic, \$65.00 Brand Name\$90.00 Non-Formulary



Benefit ID Cards



Medical Insurance Card

- Will be mailed out to YOU for Each Covered Dependent
- Preferred Administrators 915-532-3778
 - Monday Friday 8am to 5pm (MST)
 - www.preferredadmin.net



Prescription Pharmacy Card

- Only New Subscribers will receive two pharmacy cards.
- Additional cards, please contact Navitus at 855-673-6504

Members Residing **INSIDE** the El Paso Regional Area

Member residing INSIDE the El Paso area should utilize the local area provider network for all services. Out of network benefits will be applied for services outside of your local area, with the exception of emergency services.

Members Residing <u>OUTSIDE</u> the El Paso Regional Area

Receiving Specialty Care 100 miles outside of El Paso, must notify Preferred Administrators for assistance. Prior Authorization will be required.

PPO Benefits will be applied for providers within the Multiplan/PHCS network.

Out of Network Benefits will be applied for services outside of the Multiplan/PHCS network

Out of Country Exclusions

Covered for treatment of injury or sudden acute illness while traveling for period not to exceed 90 days. Dependent Student attending Full Time an accredited school abroad

Non-Coverage Options

Non-Emergency or Routine Medical Care
Out of the Country longer 90 days



No Surprise Act (NSA) Prohibition of Balance Billing

- Effective October 1, 2022, Preferred Administrators will comply with No Surprises ACT (NSA). It was designed to provide protection from patients being surprised by bills for health care and excessive patient cost-sharing payment obligations. NSA applies to several classes of out of network to include the following:
- Air Ambulance Services(except for ground ambulances)
- Emergency Services
- Services provided to stabilize a patient post-trauma
- Out of network services at an-in network facility if the provider didn't notify the patient that the services were out of network and obtain approval.

Ground Ambulance Services



Non-Contracted Ambulance City of El Paso – 911

Contracted Ambulance Dominion & Life Ambulance

70% Coverage (Balance Billing)

70% Coverage (No Balance Billing)

Emergency Room Care Benefits

UMC/EPCH, PPO/Wrap Network, Non-Contracted Providers

Facility and Professional Services

Covered 100% after \$200 Co-Pay

Warning: "In-Patient" benefits apply if admitted into the hospital.

Urgent Care Centers

U CARE

3051 N. Zaragoza Rd 915-213-7222 13472 Eastlake Blvd 915-465-3363 1618 N Lee Trevino Dr, Ste D 915-221-1270

Paseo Nuevo Urgent Care 12350 Paseo Nuevo Drive 915-225-4470

EPCH Urgent Care 3260 N. Zaragoza Ave Building D, Suite 407 915-242-8406

Part of the PPO/Wrap Network

- \$50.00 Co Pay
- 70% Co-Insurance
- After \$1500 Deductible

NEW - EPCH Urgent Care

- \$50.00 Co Pay
- Covered at 100% after \$300Deductible



Schedule of Wellness Benefits

Examples of 100% Covered Services under UMC, Texas Tech and PPO/Wrap Network

- Shingrix (Shingles)
- Well Adult Recommended Immunization
- Well Baby and Well Child Preventative Care
- Mammograms
- Men's Wellness
- Flu Shots



Example Cost of Having a Baby at UMC

Global Package/Free Breast Pump

PPO Hospital UMC

(Normal Delivery) (C-Section/Normal Delivery

Plan's overall deductible: \$1,500 Plan's overall deductible: \$300 Specialist copayment; \$40 \$30 Specialist copayment; Hospital coinsurance: \$30% Hospital coinsurance: \$0 Other coinsurance: \$30% Other coinsurance: \$0

Total Allowable Example Cost: \$9,000 Total Allowable Example Cost: \$7,000

Patient pays: Patient pays:

Deductible \$1,500 **Deductible** \$300 PPO Specialist Co-Payment \$40 Texas Tech Specialist Co-Payment \$30 In Patient Co-pay \$1,000 \$250 In Patient Co-pay Coinsurance \$1,938 Coinsurance \$0

\$580 \$4,478 **Total Total**

Coordination of Benefits

Do you have more than one health insurance plan?

Complete the Coordination of Benefits Form

Obtain at <u>www.preferredadmin.net</u>

Call Member Services 915-532-3778

Physical Therapy / Speech Therapy / Occupational Therapy Benefits

- Co-pays apply to Initial Evaluations and Re-Evaluations.
- A pre-authorization is required for all re-evaluations
- Approval based on Medical Necessity.







Prior Authorization

- Required for all inpatient admissions and outpatient procedures.
- Not required for medical emergency admission or mental health crisis.
 - Notification must be sent within 1 business day

Preferred Administrators Case Management

Can assist with:

- Complex medical care needs
- Catastrophic medical illness or injuries
- Potentially high cost medical services
- Out of area medical services

Medical FSA – Flexible Spending Account

Covers out-of-pocket qualified medical costs:

Contribute up to \$3050

Use it for:

- Co Pays, Prescriptions, eligible over the counter medications, eye glasses, contact, etc
- Can be used for your dependents medical costs
- \$610 or less can carry over at the end of the plan year

Your contribution amount is linked to your debit card.



Dependent Care FSA – Flexible Spending Account

Contribute up to \$5000 or \$2,500 if married and filing separately

Use it for:

- Care for your child who is under age 13
- Daycare, nursery school and pre-school
- Before and after-school care
- Care for your Spouse or a relative who is physically or mentally incapable of self-care and lives in your home

* *Requires completion of a Reimbursement Claim form * *



FSA-Medical and FSA-Dependent Care

Enrollments <u>MUST</u> be done every year.

\$610 Carry-over of unused FSA-Medical balance if you enroll into the FY24 plan. If you do not elect the FSA-Medical Plan for FY2024, your carry-over amount will be forfeited.

Valid (un-expired) FSA-Medical Debit cards will be re-loaded with your new election amount.

The current plan year must be used by September 30, 2023.

All claims must be submitted to Preferred Administrators no later than November 30, 2023.

FSA Member Portal - gives you quick access to your FSA Medical and Dependent Account Information.

Go to https://preferredadmin.wealthcareportal.com to set up your account.



METLIFE - Dental Option #1 / DHMO

In-Network Dentists ONLY

- Offers <u>Discounts</u> with in-network providers
- You must select a general dentist
- Call MetLife at 1-800-880-1800 once selected or to switch
- Your card will be mailed



METLIFE - Dental Option #2 / PPO

IN/OUT of Network Providers (annual deductible)
\$50.00 single / \$150 for family

Preventative Care

Covered 100% Semi-Annually
Basic Restorative covered at 80%
Major Restorative covered at 50%

Annual Max

\$1,250 for all services combined

Orthodontia for Adults & Children

\$1,250 Lifetime Max





Superior Vision

In-Network Provider Co-Pays

\$10 – Eye exam

\$25 – Contact lens fitting

\$25 – Frames and/or eyeglass lenses

<u>Allowance</u>

\$120 for frames or \$140 for contacts



Life Insurance Coverage



Basic Term Life Insurance (Free)

One times your annual salary up to a maximum of \$50,000 for FREE!

and

Non-Smoker Term Life Insurance (Free)

\$10,000 Life Insurance for FREE! for a total of **\$60,000**

Supplemental Term Life Coverage (Cost depends on your salary and age)

- <u>Self Coverage</u> 1x's to 5x's your Annual Salary Benefit up to a max of \$750,000
 EOI Required for 3 to 5x's coverage
- Spouse Coverage Benefit payout is \$5,000 coverage (.55 per pay period)
- <u>Children Coverage</u> Benefit payout is \$2,000 coverage (.55 per pay period) Age 19-26 Proof of Student Status is required.
- Family Coverage Spouse \$5,000 & Children \$2,000 (.55 per pay period)

<u>Accidental Death and Dismemberment – AD&D (Free)</u>

Up to \$100,000 AD&D coverage for FREE!



Long Term Disability (Non-Exempt Associates)



If you are unable to work for more than 90 days due an eligible covered injury or illness.

Coverage Levels

- 25%, 40% or 50% replacement of associates salary
- Maximum monthly benefit is \$5,000

*Plan cost is based on your age and annual salary



Long Term Disability (Exempt Associates)



If you are unable to work for more than 60 days due an eligible covered injury or illness.

Coverage Level

- 60% of Associate's monthly earnings up to a maximum monthly benefit of \$5,000
- Provided at no cost
- May use after 180 days of service



Benefit Premiums

Bi-Weekly Rates 2024 Plan Year	Associate Only	Associate + Spouse	Associate + Child(ren)	Associate + Family		
Medical - Full-time	35.98	119.95	87.83	129.58		
Medical - Part-time	58.83	190.82	141.91	207.98		
Dental #1 - MetLife / DHMO	4.19	6.99	8.39	13.63		
Dental #2 - MetLife / PPO	10.74	20.79	27.77	37.92		
Vision - Superior Vision	4.28	8.92	7.60	12.91		
Supplemental Life Insurance For Self Lincoln Financial Group		•	o 5x's annual salary iate's age and annual sal	lary.		
Supplemental Life Insurance Spouse/Child Life Lincoln Financial Group	.55					
Hospital LTD - Exempt Associates Lincoln Financial Group		Provided	by the hospital			
Voluntary LTD – Non-Exempt Associates Lincoln Financial Group	Based on Associate's age category and plan coverage selection. (ie. 25%, 40% or 50%)					



UMC Retiree Requirements Medical/RX, Dental and Vision Benefits

- Must be 60 years of age with 20 years of service at UMC, El Paso Health of UMC Foundation
- Coverage up to age 65 (Medicare eligible)
- Retirees may enroll their eligible spouse and dependents:
 - When retiree coverage expires COBRA will be offered to spouse and dependents for 36 months.
- Eligible for retirement according to TCDRS (Texas County and District Retirement System) rules.
- Full-time or part-time associates who retire must have been covered under the UMC medical benefit plan for 5 continuous years and currently be participating with Preferred Administrators at time of retirement.

TCDRS - Texas County and District Retirement System

- Full-time and part-time associates
- 5% mandatory contributions begins immediately
- Vested after 8 years of employment



Retirement age options

Age 60: 8 years of service

Any Age: 30 or more years of service

Age Plus: Rule of 75 (Age plus years of service equals 75)



TCDRS: 800-823-7782 memberservices@tcdrs.org



TCDRS - 7% compound interest at year 2

Year	Beginning Balance	Deposits from Pay	7% Interest	Ending Balance
Year 1	\$0	\$2,000	\$0	\$2,000
Year 2	\$2,000	\$2,000	\$140	\$4,140
Year 5	\$8,879	\$2,000	\$621	\$11,501
Year 10	\$23,955	\$3,000	\$1,676	\$28,632
Year 15	\$50,851	\$3,000	\$3,559	\$57,411
Year 20	\$88,574	\$3,000	\$6,200	\$97,774
Year 25	\$141,482	\$3,000	\$9,904	\$154,386
		\$66,000	\$88,386	\$154,386

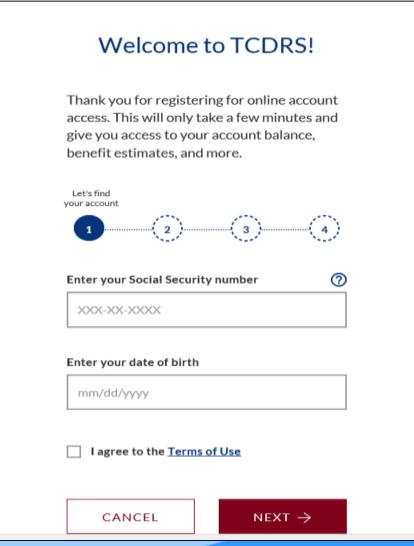
Texas County and District Retirement System (TCDRS)

Call 800-823-7782 to obtain your Account Number

Log into TCDRS.org/OwnIt to set up your account

See your account balance and retirement eligibility

Important:
Set up your beneficiaries ASAP





VOYA - Voluntary Retirement Program

403(b) and 457(b) Plans for Full & Part Time

Contribution IRS Limit - \$22,500

Over age 50 Catch Up - \$7,500

Contributions

May be a % or Flat Dollar Amount (min is \$10)

Representative Joel Hernandez 915-543-4902



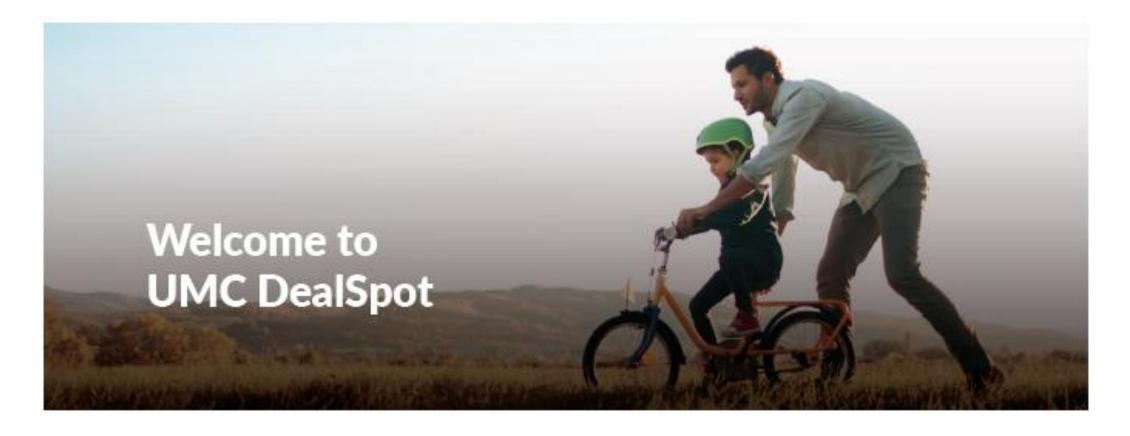
EAP - Employee Assistance Program via Emergence Health Network

8 FREE Counseling Sessions

For all associates and immediate family members under our medical plan

- No waiting period
- Counseling services offered for:
 Personal problems, financial difficulties, marital problems, mental health disorders, substance abuse issues

UMC - DealSpot



The Exclusive Savings Marketplace for UMC-El Paso Associates



UMC CARES Programs



CARES Student Loan Assistance program

- Will pay your monthly student loan payment up to \$437.50 for qualifying undergraduate degrees.
- Min. 3 months employment & 1 year retention agreement

CARES PULL –Opp program

- UMC covers tuition cost for healthcare related degree
- Work part-time at full-time rate
- Min. 12 months employment & 4 yr retention agreement

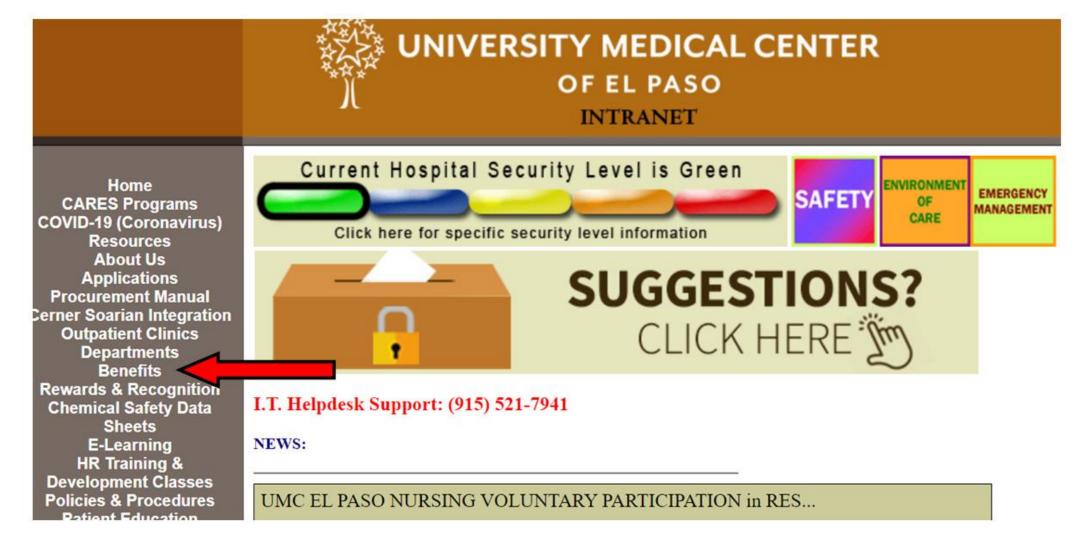




CARES Home program

- \$8,000 towards closing cost and down payment
- Min. 12 months employment & 4 year retention agreement

Hospital Intranet – Link to Open Enrollment Portal





Adding NEW Dependents and/or Spouse

You <u>MUST</u> complete the Benefits Enrollment Form in HR to add them into Lawson prior to the OE Window.

If adding a spouse (opposite or same sex) please submit your common-law certificate or marriage license. If adding dependent children please submit their birth certificates.

ON Line Enrollment

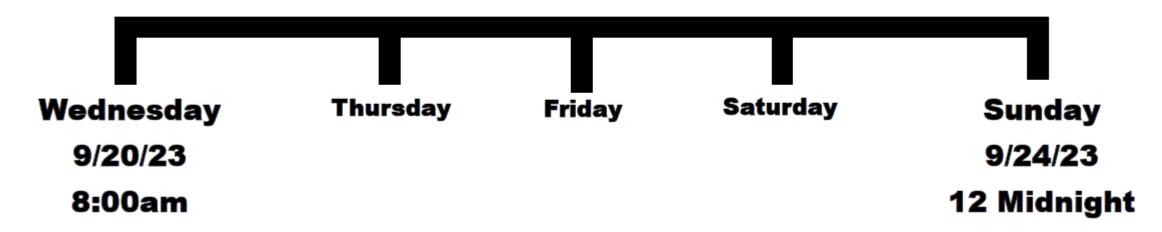
If you are <u>not</u> making changes to your Medical, Dental, Vision and Life Insurance coverage they will carry over to the new fiscal year.



Open Enrollment Window

On-Line Accessibility (Lawson - will need Windows username and password)

5 DAYS



Computer Assistance By Appointment Only

9/21/23 Thursday	8:00am to 5:00pm	El Paso Health / Preferred Admin.
9/21/23 Thursday	7:00am to 4:00pm	UMC/HR Norma Gonzalez
9/22/23 Friday	8:00am to 5:00pm	UMC/HR Marcos Rey



Questions



Norma Gonzalez, Benefits Specialist ngonzalez@umcelpaso.org (915) 521-7580

Marcos Rey, HR Generalist / Auditor mrey@umcelpaso.org (915) 521-7206

